

Rainbow Slaw



Gluten-free,
vegetarian, vegan

Play with adding other seasonal vegetables, like red and orange bell peppers, and snaps peas!



Ingredients:

- 1 cup green cabbage, cut into thin strips
- 1 cup red cabbage, cut into thin strips
- ½ cup kale, cut into thin strips
- 1 carrot, grated
- 1 beet, grated
- 1 handful fresh parsley or cilantro, minced

Vinaigrette:

- 1 teaspoon shallots, minced (or very small onion)
- 1 tablespoon olive oil
- 1 tablespoon white wine vinegar
- 1 teaspoon Dijon mustard
- salt, black pepper, and honey to taste

1. Whisk together vinaigrette ingredients.
2. Toss the rainbow of veggies and vinaigrette together and serve.